

WOODBROOK Journeys

News About the Journeys of Woodbrook Residents and Staff

Vol. 30, No. 1
Spring/Summer 2025

Mission Statement

Woodbrook strives to create a safe, beautiful, and loving home for our residents, one in which they are celebrated and encouraged to thrive in a healthy environment with dignity, respect, and joy.

Adopted by the Board of Directors
December 11, 2013

WOODBROOK

*Chemung County's premier
assisted living residence*

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Woodbrook Assisted
Living Residence
to carry journey news from
our busy world to yours.

WOODBROOK

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~ Fun Activities at Woodbrook ~



(Above l-r) Barb Skidmore, and Nate Nelan, Activities Aide enjoying a night out at the Clemens Center; Jack Uplinger, Cooking/Dinner Club; Donald Orton, Twinkle Town Outing at Bradley Farms.



(At left) Polly Sullivan and Ada Donaldson indulge in homemade ice cream - compliments of RCA Marley Messina and her time and recipe; Annette Whipple, enjoys her McDonald's order-out lunch.

(Below) An outing at Wellsburg Diner for a group luncheon.



Salutations

Message From Lori

We are excited to be celebrating Spring and Summer and all of the fun activities that accompany this wonderful time of year.

We began celebrating Spring by starting a new project for Woodbrook – hatching chickens – with help from Mr. Richard Brewer, who volunteered his services to help our Activity Department get everything they needed for a successful experience. We started incubating chicken eggs and our first hatchling was born May 5, 2025. Now we wait for the others to join the fun.

Our Activity Department has also converted the Activity Room into a Tiki Bar, which has already been a tremendous success. Other activities planned for the year include picnics around the area, concerts in the park, Senior Games, scenic drives, walks at Eldridge Park, Food Trucks, Pioneer games, Chemung Speedrome, and our annual Family Carnival in August, to name a few.

For those of you who might know someone interested in considering assisted living, we have launched a new “Trial Month Stay” program for potential new residents. We are offering a one month trial period for a \$3,000 flat fee, with no commitment to stay, and no advance notice required if they leave. If they decide to become a resident, the first month’s rent will be waived for a 200 sq. ft. room. Room upgrades are available after becoming a resident. The entrance fee would still apply. Upon start of the trial period, the resident must demonstrate that they have the ability to pay for 26 months. This is required of all new residents. We are also continuing our Referral Program: If a current resident or family member refers a friend/family member to Woodbrook, and they move in, the current resident receives \$1,000 off of their next month’s rent.

For more information on either of these programs, please contact me at 607-734-7741 or ljamelski@woodbrookhome.com.



Lori J. Jamelski, LPN
Executive Director

Transitions

Woodbrook Celebrates Resident’s 102nd Birthday



Vera Higgins (center) is surrounded by family and friends as she celebrates her 102nd birthday at Woodbrook.

Two years after being graced to host and facilitate the 100th birthday celebration of one of our cherished residents, we were honored to assist in recognizing her 102nd birthday, a remarkable achievement that inspires us all. Family, friends, and staff gathered in the indoor courtyard on the afternoon of March 10 to toast in celebration of Vera Higgins’ 102nd trip around the sun, a shining example of her resilience and determination! The party included cake, great company, and many laughs. We are grateful to have had the privilege of being included on her special day and look forward to making many more memories with Vera.

Meet Our Residents



Hello! I’m a retired Registered Nurse and Woodbrook has been my home for just over a year. I must say, it’s been a wonderful experience. The community’s laid-back atmosphere is perfect for me. With no pressure to participate, residents can simply enjoy life at their own pace. I’ve appreciated reconnecting with friends from my past and becoming part of the Woodbrook Community. Additionally, the live entertainment has been a delightful surprise.

—Catherine “Kate” Hughes



I’m a retired Correctional Officer. I’ve had the pleasure of calling Woodbrook home for almost five years. The daily social hour is a favorite part of my day, allowing me to connect with fellow residents. The staff’s kindness and tasty meals are additional perks. I also appreciate Woodbrook’s reliable transportation to medical appointments. Overall, I enjoy it here.

—Robert “Mouse” Maltzer

Food, Fun and Friends at Woodbrook

Janet “Jan” Seeley says moving to Woodbrook was the obvious choice for her, in part because her mother, Rose Mary Seeley, made it her home in her later years. That familiarity made for a smooth transition for Jan, with a little help from the staff.

“Lori and Christine were very helpful in working out many details through calls and email, making this transition as easy and as comfortable as possible.”

A native of Elmira, Jan has had a varied career. She was a preschool teacher for forty years with the Montessori system and was a Nun for ten years, a calling that included making communion wafers at 5 a.m.! At the end of her working days she helped out at Visiting Angels.

Jan’s favorite parts of life at Woodbrook include an often heard compliment. “The food! All the dishes prepared here are tasty, and I really enjoy the company in the dining room during mealtimes. I have always enjoyed the live entertainment, even when my mother lived here. I enjoy the wide variety of activities that are offered—there is always something to do.”

And the option of lifestyles offered is also important to her. “I can choose to participate in the events or enjoy the solitude of my own room. Woodbrook is a place that offers the perfect balance of solitude and socialization.”

She retains her car, giving her a sense of independence. Jan still gets to participate in some of her favorite activities, like cooking up treats for the staff. She also gets a daily visit from her beloved dog, Daisy.

“Many of the other residents enjoy Daisy’s company. This move doesn’t just open new experiences for me, but it also allows Daisy to enjoy new parts of life. These truly are the happiest years of mine and Daisy’s life!”

Jan acknowledges that giving up a long-established home and coming to assisted living is not an easy transition. “You have to be humble enough to accept that you may need a little help. It is a difficult choice, but you need to make the choice to be happy.”

What would she say to someone who was considering Woodbrook as a housing alternative? “I highly recommend it. The staff here is wonderful. Everyone is so kind, and they have made me very confident in the thought that this is my home.”



Janet “Jan” Seeley

Services and Amenities Are Included in the Cost of Living at Woodbrook

Woodbrook is proud of the fact that many of the services we provide are included in the cost of the resident’s room. Need a ride to medical appointments? A driver will take our residents to all of their doctors’ appointments on a regular basis. Field trips, exercise programs, cultural and social programs and activities are all included.

WIFI and Cable are included with every room, as are laundry and housekeeping. Our residents enjoy the peace of mind that the services they need, and the amenities they enjoy are already taken care of.

See the list below for everything that is included at Woodbrook Assisted Living!

All-Inclusive!

- 24-hour supervision and assistance
- Three meals daily
- Case management services
- Medication assistance/supervision
- Medical transportation
- Housekeeping services
- Laundry and linen provided
- Cultural and social programs
- Recreation activities
- Field trips
- Exercise programs
- WIFI and Cable
- 24-hour security system

If someone you know needs respite care, or maybe wants to give assisted living a try without the commitment, ask us about our

Respite Care Program

Visit our website for the criteria needed to qualify for the program.

woodbrookhome.com/respite-care.html

Woodbrook’s staff and volunteers consider it an honor to help our residents with their care needs; encourage them in life-enriching social activities; promote involvement with community events; and develop warm relationships with each other, families, volunteers and staff.

Woodbrook News



Mia MacNitt, artfully designing a beautiful gingerbread house to display for the holiday season.

Make a Referral and Save \$1000!

If you, as a resident, or a member of your family, refers a friend or loved one to Woodbrook, and that person becomes a resident, you will receive a \$1000 discount on your rent the following month. Contact Lori Jamelski for details by calling 607-734-7741.

WOODBROOK Assisted Living...Carefree Living! *Affordable Excellence*

Woodbrook is the Southern Tier's best choice for the most affordable assisted living community for independent seniors who may still need assistance for their individual needs.

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