

Journeys

News About the Journeys of Woodbrook Residents and Staff

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Mission Statement

Woodbrook strives to create a safe, beautiful, and loving home for our residents, one in which they are celebrated and encouraged to thrive in a healthy environment with dignity, respect, and joy.

Adopted by the Board of Directors
December 11, 2013

WOODBROOK

Chemung County's premier assisted living residence

Woodbrook Journeys is published biannually by Woodbrook Assisted Living Residence to carry journey news from our busy world to yours.

WOODBROOK

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~ Fun Activities at Woodbrook ~



The calendar is full of reasons to celebrate, like St. Patrick's Day and Easter, and Woodbrook's staff never misses a chance to organize fun events.

Staff (below) and Residents (at bottom right) dress up for Red, White and Blue Day to celebrate National Assisted Living Week.



Salutations

Message From Lori

Spring is the season of renewal, growth and new beginnings. It's also a time when nature comes alive with color, sound and energy.

We are looking forward to green grass and flowers being planted, and long talks on the front porch.

Activities will be starting more events on the porch, as well as picnics in our pavilion and excursions to local landmarks such as Eldridge Park, Sullivan's Monument, Harris Hill, Spear Memorial Park, and Denison Parkway to name a few. These are well attended by our residents. Going on picnics always brings back memories for residents and we get to hear great stories from their childhood.

St. Patrick's Day was a major holiday here at Woodbrook. The festivities started early in March with Irish music, trips to the Hibernian Center for fish fries, decorations and entertainment at Woodbrook by Pat Kane.

Easter was also a very special time. Activities organized an Easter egg hunt and party for residents, families of residents, and staff. Everyone had a wonderful time.

We celebrate life every day here at Woodbrook. I am honored to be a part of our beautiful home. We are surrounded by a wonderful group of residents and staff who work continuously to make this the premier assisted living facility in the region.



Lori J. Jamelski, LPN
Executive Director

Transitions

Woodbrook Welcomes New Staff Member

Ellen Topping – Human Resources Director

Ellen Topping is a dedicated professional with a passion for serving her community. A native of the Elmira area, Ellen brings with her a deep understanding of and affection for her home region. She is happily married to her husband David and is the proud parent of three adult children.

With an extensive background in Health and Human Services, Ellen's experience spans various administrative roles, where she has honed her skills in leadership, Human Resources and compassionate care.

Ellen's journey with Woodbrook began when a family member moved into their new home with us. Witnessing the exceptional level of care and support provided at Woodbrook, Ellen was deeply impressed. Inspired by the commitment to excellence demonstrated by our team of caregivers, Ellen eagerly accepted the position as the Human Resources Director.

Ellen is honored to contribute to the well-being and happiness of the staff and residents. Her dedication, coupled with her wealth of experience, enables her to make a positive impact on the lives of those she serves. Please join us in welcoming Ellen to her new role and wishing her much success.



Ellen Topping

Meet Our Residents



Hi, I'm Mia, a retired Manager from Triple S Blue Stamps. I have lived at Woodbrook for about three months. Woodbrook is totally different from any other facility/home in the area. It's very welcoming here. I love having a private room and bathroom. The staff is terrific, kind, and very easy to talk to. Also, I enjoy the exercise programs that are offered.

— Clara "Mia" MacNitt



Jack & Barb Uplinger have lived at Woodbrook for about three years. Jack is a retired engineer from Corning inc. and Barb is a retired receptionist from Planned Parenthood. Jack says the staff are always helpful, and friendly. Barb says she loves the outdoor environment, and she really enjoys watching the deer on the property. Also, all the staff are nice.

Woodbrook's staff and volunteers consider it an honor to help our residents with their care needs; encourage them in life-enriching social activities; promote involvement with community events; and develop warm relationships with each other, families, volunteers and staff.

Resident Keeps the Faith Even in Retirement

It was a simple gesture of welcome, but for Father Walter Wainwright, it meant the world.

“I had a statue of St. Francis that had been in the yard of my home. I asked if I could bring it with me to Woodbrook and they said absolutely yes.”

The day he was moving into his room, the Facilities staff was outside his window, positioning his beloved statue where he could see it every day.

“The first thing I noticed was the friendliness of the staff,” he said. “They are so helpful. It is wonderful.”

A graduate of Notre Dame High School, Father Wainwright entered the Seminary and went on to celebrate his first mass in June of 1965. A career of church service followed, taking him from Rochester, to Penfield, to Painted Post, seeing the Catholic Church through the turmoil of church mergers and priest shortages. He inherited a troubled parish in Canandaigua and shepherded it back to a position of stability. And while he knew he had more to give, he accepted the commonly held retirement age of 70, leaving St. Patrick’s Church in Elmira in 2009.

A pair of heart attacks convinced the clergyman to seek assisted living to care for him.

But Father Wainwright was not finished with his vocation yet. He offered to say mass at Woodbrook and is thrilled to be at the pulpit on Sundays for his fellow residents. He is grateful for the help he receives from local priests. While he is still quite mobile, it’s good to have another set of hands for the service.

A special delight in coming to Woodbrook was finding old friends from earlier chapters of his life already residing at Woodbrook. Father Wainwright says chatting with them is a treasured past time. There is much to do, should you choose, he says, but also plenty of time to yourself.

Father Wainwright is an avid reader, especially of mysteries and historical novels. The bookmobile that regularly visits is a big part of his to-do list. He loves the quiet in the evenings that is so conducive to reading.

Family visits frequently, in the person of nieces and nephews from the area and beyond who make time for “Uncle Walter.” He enjoys the outings for local shopping, but hopes there is a trip to a casino in the future.

Must be all that bingo!



Father Walter Wainwright

Woodbrook Now Hosting Local Food Trucks for Lunch

Now that the weather has warmed, it is food truck season! Woodbrook has arranged for several local specialty food trucks to offer treats for purchase for our residents, their families, our staff and even the public. There will be different kinds of food, so there should be something for everyone. In most cases, the trucks accept credit and debit cards, but some are cash only. (See the schedule below for details.) Spring and Summer are the perfect seasons to stretch your legs, get out in the sunshine and have a delightful lunch!



Food Trucks Schedule at Woodbrook 11:00 a.m. to 2:00 p.m.

All vendors accept cash and cards, unless otherwise noted

June 5	BC's (cash preferred, card accepted)
June 12	Heidi Ho's
June 26	It's The Ship
July 10	Heidi Ho's
July 17	Pick's Pub
July 22	It's The Ship
August 7	Heidi Ho's
August 14	BC's (cash preferred, card accepted)
Sept. 11	Heidi Ho's
Oct. 16	Heidi Ho's

If someone you know needs respite care, or maybe wants to give assisted living a try without the commitment, ask us about our Respite Care Program.

Visit our website for the criteria needed to qualify for the program.

woodbrookhome.com/respite-care.html

Woodbrook News



Woodbrook is very proud of all our residents, past and present, who have bravely worn the uniform of the American Armed Forces. On Veteran's Day we raised the flag in a gesture of thanks for all of those who gave so much in order to secure our freedoms. May they forever be honored.

Make a Referral and Save \$500!

Refer a friend or loved one to Woodbrook. If they become a resident, you will receive a \$500 discount on your rent the following month. Contact Lori Jamelski for details by calling 607-734-7741.

WOODBROOK Assisted Living...Carefree Living! Affordable Excellence

Woodbrook is the Southern Tier's most affordable assisted living community for independent seniors who may still need assistance for their individual needs.

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Lori J. Jamelski, LPN

Executive Director

Ellen Topping

Human Resources Director

Christine Brewer

Activities Director

Patricia Quillinan

Case Manager

Amy Charron

Case Manager/ RCA Director

Justin Spicher

Dietary Director

Dave Hopkins

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