

WOODBROOK Journeys

News About the Journeys of Woodbrook Residents and Staff

Vol. 28, No. 1
Spring/Summer 2023

Mission Statement

Woodbrook strives to create a safe, beautiful, and loving home for our residents, one in which they are celebrated and encouraged to thrive in a healthy environment with dignity, respect, and joy.

Adopted by the Board of Directors
December 11, 2013

WOODBROOK

*Chemung County's premier
assisted living residence*

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Woodbrook Assisted
Living Residence
to carry journey news from
our busy world to yours.

WOODBROOK

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~ Fun Activities at Woodbrook ~



Quilts of Valor: Skip Little



St. Patrick's Day Celebration (l-r): Joe Henry and Ralph Moore



Mardi Gras Celebration (l-r): Sheri Hughey-Lesnes, Nate Nelan and Billie Jo Cowl



(Below l-r) Breakfast Club: Gloria Brown, Barb Uplinger, Jack Uplinger, Bennie Dixon, Catherine Lavarnway, Pat Houghton, Sandy Smith, Linda Keehan



Dice Game (l-r): Sandy Smith, Cassie Hurst, Linda Keehan, Gloria Brown, Sheri-Hughey-Lesnes, Mildred Bradley, Nate Nelan, Pat Houghton, Jack Uplinger

Salutations

Message From Lori

It is finally Spring! We are all excited that spring is finally here at Woodbrook Assisted Living Residence. The grass is green, flowers are coming up and new ones are being planted to enhance our beautiful patios and grounds.

The walking trails are safe for our residents and we have plenty of seating along the way to rest when needed. We also have many birdfeeders, that are filled regularly for the many different birds that visit Woodbrook daily. We have several raised flower/vegetable beds that are ready for spring planting. Many residents are looking forward to planting and harvesting the vegetables throughout the summer. Our residents are also looking forward to our Pavilion picnics and our many outings during the spring/summer months.

St. Patrick's Day was recently observed here at Woodbrook. Some of the activities for the month were music by Pat Kane and trips to the Hibernian's Club for fish fry dinners. There were many beautiful decorations throughout the facility, and our Ice Cream Parlor served Shamrock Shakes, which sold out before the end of the day! The residents really enjoyed getting into the St. Patrick's Day celebrations.

We honored all of our employees with a week of special events, ending with a recognition party for their dedication, hard work and years of service. Service awards were also handed out. (See Page 3.)

To celebrate Easter, we had our annual Easter Egg Hunt for our employees and residents' children, grandchildren and great-grandchildren. It was held outside under our pavilion with refreshments and basket giveaways. It certainly was nice to have families back together again after three long years.

We celebrate life here at Woodbrook, on a daily basis. We also appreciate our employees and all they do to make Woodbrook special for all of our residents. Many residents feel our staff become like family to them, and they look forward to seeing the staff each and every day. *We would like to thank our residents and families for allowing us to take care of their loved ones and trusting us with their care.*



Lori J. Jamelski, LPN
Executive Director

Transitions

Woodbrook Welcomes New Staff Members

Patricia Quillinan – Case Manager

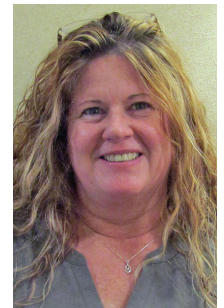
Patty grew up in Elmira and earned her Associates Degree in Business Administration from Corning Community College. She has been a part of the Woodbrook Family for the last 35 years. Patty started out as a Resident Care Aide, and was promoted to Case Manager this past November. She is looking forward to working with residents and their families to coordinate their health care. In her free time, Patty enjoys spending time with her two dogs and going on cruises.



Patricia Quillinan

Amy Charron – RCA Director/Case Manager

Amy has been with Woodbrook as a Resident Care Aid (RCA) for about 17 years, and is now the RCA Director/Case Manager. She has four children and three amazing grandchildren. During her free time, Amy enjoys spending time with her family, and watching her grandchildren play sports and take dance classes. She also enjoys redoing and/or refurbishing furniture and flipping houses, traveling, camping, and just being outdoors with friends and family.



Amy Charron

Upcoming Activities

Over the summer, we are looking forward to the fun upcoming activities. You can find all the details on the monthly activity calendars. We invite families to join in on all the fun!

- Many socials and outdoor picnics
- Community concert outings
- Gardening
- Visit from the Elmira Pioneers
- Woodbrook Carnival open to families of staff and residents
- And much more!



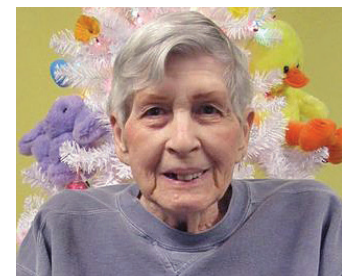
"I'm a retired school librarian and I love living at Woodbrook. Everyone is so friendly and the activities offered are great. I also enjoy the beautiful decor."
—Alta Stevenson



"I'm a retired Chemistry Professor and have lived at Woodbrook for about two years. I enjoy the Ice Cream Parlor, social Happy Hours, and all of the people!"
—John Flowers



"I am retired from retail and have been living at Woodbrook for just over a year now. The food is amazing and the laundry is done for you. Woodbrook offers a lot!"
—Bev Allen



"I'm a retired music teacher and have lived at Woodbrook for about five years. The food here is good and healthy, the grounds are beautiful and the staff is very friendly and helpful."
—Jackie Silvernail

Woodbrook Resident Walks Her Way to Happiness

Patricia Houghton loved Woodbrook from the moment she saw the wonderful grounds and walking trails.

“Walking is my therapy,” she says, resting in one of the lounge areas. “There is nothing better than a long walk in nature. We have such a beautiful outdoor area here. There’s really nothing like it anywhere else in the area.”

Patricia misses the companionship of her dog on those walks, an Australian Shepherd named “Paddy.” “Yes, she’s Australian, but she wants to be Irish, so I named her Paddy,” Patricia laughs. Paddy now lives with Patricia’s son, but is never far from her thoughts.

A native of the region, Patricia had a varied career. In the 1980s, she was the director of Blood Services for several years at the West Elmira chapter of the American Red Cross. She was part of the essential chain of people that gets donated blood from the donors to the people who desperately need it. After that, Patricia was a real estate broker for Prudential Ambrose Shoemaker, Inc., and still knows the area pretty well.

When her family expressed concern about Patricia being on her own, she began the search for a new home. But it didn’t take long. “I didn’t look anywhere else once I saw the grounds at Woodbrook.”

The grandmother of six, Patricia says she enjoys her privacy at Woodbrook, but smiles and adds that family visits are wonderful because, “hugs and kisses are the best.”

“And you can make as many friends as you want here,” Patricia says. “You can enjoy the activities or keep to yourself. My hobby is to read, mysteries mostly. It’s also a great way to fall asleep fast. I’ll start a new book and I’m out like a light!”

The food at Woodbrook is very good, according to Patricia. “It’s too bad my appetite isn’t what it used to be. There is so much to enjoy at every meal.”

The staff also earns high praise. “Everyone is so helpful and interested in my needs. I feel very safe here.”

That peace of mind also lets Patricia’s family know she is in good hands. Everyone in the lounge and hallways greet Patricia by name and she introduces them all as friends.

Patricia is grateful that Woodbrook is a perfect fit for her.



Patricia Houghton

Woodbrook’s staff and volunteers consider it an honor to help our residents with their care needs; encourage them in life-enriching social activities; promote involvement with community events; and develop warm relationships with each other, families, volunteers and staff.



Employees (l-r) recognized for their One Year of service: Chris Tyler, Victoria Stewart, Dominick Nelan, Kiya Cowl, Nate Nelan, Fatou Sarr, Mary Maxson, Velma Andrews and Melissa Mathews.

Employee Appreciation

Woodbrook was excited to be able to recognize our employees for all their hard work and years of dedication. Our employees celebrated over a week with different themed days, daily raffles and prizes, and a scavenger hunt. The week of celebration ended with a catered lunch from Outback and an awards ceremony. We would like to honor and thank the following employees for their years of service. **One Year** – Kiya Cowl, Dominick Nelan, Nathan Nelan, Chris Tyler, Fatou Sarr, Melissa Mathews, Victoria Stewart, Velma Andrews, Mary Maxson. **Ten Years** – Stephanie Briggs, Marietta Beiling. **Twenty Years** – Genny Rathbun. **Twenty Five Years** – Justin Spicher. Thank you to all our employees for all your hard work, caring, and dedication. We appreciate you!



Vera with her son, Mark Cooke

Woodbrook Resident Vera Higgins Celebrates 100 Years!

Vera Higgins turned 100 on March 11 and with the help of the Woodbrook staff, she celebrated her birthday surrounded by friends and family. Woodbrook facilitated Vera’s celebration by offering cake, drinks and music. Vera’s one goal was to dance on her birthday. She got her wish by dancing away with another resident, Jack Uplinger. Woodbrook is honored to have hosted such a special event. Happy 100 years young, Vera!



Vera dances with Jack Uplinger, a fellow Woodbrook resident.

Woodbrook News

Make a Referral and Save \$500!

Refer a friend or loved one to Woodbrook! If you know of someone who is considering assisted living for the next chapter in their life, tell them about us! If they become a resident here at Woodbrook, you will receive a \$500 discount on your rent the following month. Contact Lori Jamelski for more details.

COVID Update

Masks are no longer required while visiting Woodbrook, however we are still screening for fevers when you sign in. For your convenience, masks are available at the front desk if you would like one, and hand sanitizer is available throughout the residence.

WOODBROOK Assisted Living...Carefree Living! *Affordable Excellence*

Woodbrook is the Southern Tier's most affordable assisted living community for independent seniors who may still need assistance for their individual needs.

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Executive Staff

Lori J. Jamelski, LPN

Executive Director

Velma Andrews

Finance Director

Christine Brewer

Activities Director

Patricia Quillinan

Case Manager

Amy Charron

Case Manager/ RCA Director

Kacey Scheib

HR Assistant

Justin Spicher

Dietary Director

Christopher Tyler

Buildings and Grounds Director

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